



Q1: What is the difference between Quarantine and Isolation?

A: Isolation and quarantine help protect the public by preventing exposure to people who have or may have a contagious disease.

Isolation separates sick people with a contagious disease from people who are not sick.

Quarantine separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick. People in quarantine should stay home, separate themselves from others, monitor their health, and follow directions from their state or local health department.

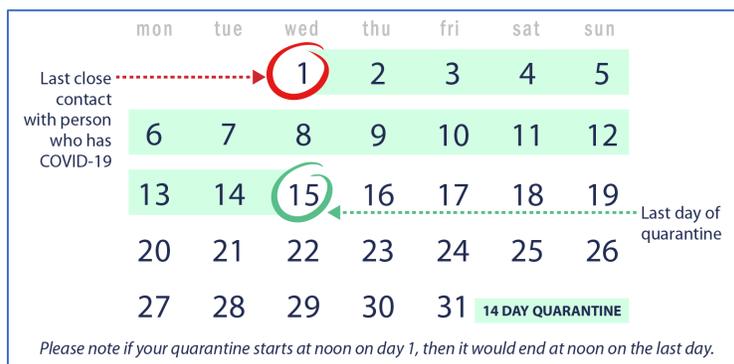
Q2: How long will an individual need to be in quarantine if they were exposed to a COVID-19 individual?

A: You should stay home for 14 days after your last contact with a person who has COVID-19. Local health departments will provide the schools with the start and end dates of individuals who are under quarantine.

* Quarantine could be longer than 14 days based on different scenarios (See scenarios below).

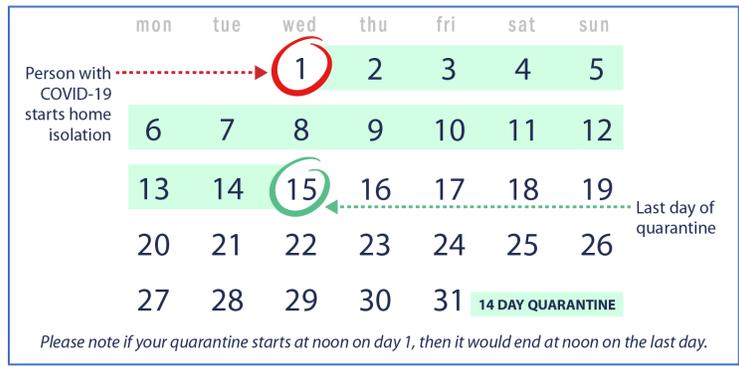
Scenario 1: Close contact with someone who has COVID-19—will not have further close contact

I had close contact with someone who has COVID-19 and will not have further contact or interactions with the person while they are sick (e.g., co-worker, neighbor, or friend). Your last day of quarantine is 14 days from the date you had close contact. Date of last close contact with person who has COVID-19 + 14 days= end of quarantine



Scenario 2: Close contact with someone who has COVID-19—live with the person but can avoid further close contact

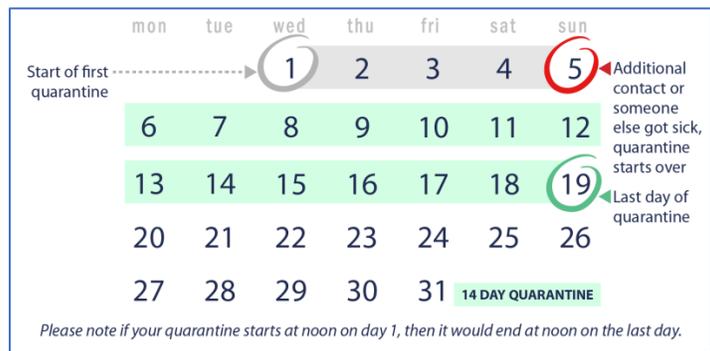
I live with someone who has COVID-19 (e.g., roommate, partner, family member), and that person has isolated by staying in a separate bedroom. I have had no close contact with the person since they isolated. Your last day of quarantine is 14 days from when the person with COVID-19 began home isolation. Date person with COVID-19 began home isolation + 14 days = end of quarantine



Scenario 3. Under quarantine and had additional close contact with someone who has COVID-19

I live with someone who has COVID-19 and started my 14-day quarantine period because we had close contact. What if I ended up having close contact with the person who is sick during my quarantine? What if another household member gets sick with COVID-19? Do I need to restart my quarantine? Yes. You will have to restart your quarantine from the last day you had close contact with anyone in your house who has COVID-19. **Any time a new household member gets sick with COVID-19 and you had close contact, you will need to restart your quarantine.**

Date of additional close contact with person who has COVID-19 + 14 days = end of quarantine



Q3: Who needs to quarantine?

A: Per the Centers for Disease Control and Prevention (CDC), individuals who have been in close contact with someone who has COVID-19.

This excludes individuals who have had COVID-19 within the past 3 months. Individuals who have tested positive for COVID-19 do not need to quarantine or get tested again for up to 3 months as long as they do not develop symptoms again. Individuals who develop symptoms again within 3 months of their first bout of COVID-19 may need to be tested again if there is no other cause identified for their symptoms.

Q4: Does my child need to quarantine for the full 14 days even if they had a negative COVID-19 test?

A: YES - You must stay in quarantine for the entire 14 days to stop the spread of the virus. This is because you may be in the incubation period (the time between getting the virus and potentially showing symptoms). A test during the 14 day quarantine period is only a snapshot in time and the virus could present itself after the test has been taken. The local health district will provide the parent/ guardian and the school in which they attend the start and end dates of the quarantine.

Q5: What should I do if my child has been tested for COVID-19 and is waiting on results?

A: The child should self-isolate from others and not return to school until results are received. Once the results are received and if they are negative, then the child may contact the school for return.

Q6: What steps should be taken when my child is a positive COVID-19 case?

A: When diagnosed with COVID-19, whether by laboratory testing or through a clinical examination, the parents or guardians should contact the schools within 24 hours. This student must isolate from others as the immediate isolation along with a 24 hour notification to the schools will help reduce the spread of the virus while aiding the schools with expedited contact tracing. The local health department will also follow up on the case in order to contact trace and provider further instructions.

For additional information on Coronavirus please visit the following link:

<https://www.mahoninghealth.org/covid-19-information-for-mahoning-county-schools/>