



## Educational sessions

### (registration part 2)

All of the educational sessions are listed below by the time of day. Please mark the sessions you wish to attend and return this completed section with the registration on the previous page. Most of the educational sessions are 60 minutes in length, however there are several sessions that are more than one track and we are also offering four OCOOSH classes. Two are half-day and the other two are full-day sessions.

### For more information:

For questions on educational sessions or exhibitors contact David Costantino at 330-301-5825 or email at [david.c.3@bwc.state.oh.us](mailto:david.c.3@bwc.state.oh.us). For registration or payment issues contact Cindy Carosella at 330-729-4100 or email at [cynthia.carosella@mahoningctc.com](mailto:cynthia.carosella@mahoningctc.com)

## Course listing

(Select one per time-slot.)

One-hour sessions  
Start time **8 a.m.**

- **Part 1: The Real Cost of Drugs in the Workplace<sup>A</sup>**  
*Ruth Bowdish, On Demand Drug Testing*  
A look at the inherent costs to employers and co-workers related to substance use in the workplace.
- **Part 1: Workplace Safety – Prevention, De-escalation, and Response to an Active Shooter<sup>A</sup>**  
*Scott Weamer, Comprehensive Personal Defense, LLC*  
This is part one of a three-part program designed to increase your chances of surviving an active shooter or violent intruder. Topics discussed include: 1) the importance of training and mental preparation, and 2) de-escalation techniques that utilize the spoken word to avoid confrontations.
- **BWC Special Investigations Department**  
*Matt Wallace, Ohio BWC*  
Learn how the Ohio Bureau of Workers' Compensation (BWC) Special Investigations Department (SID) aggressively pursues cases of claims fraud, medical provider fraud and premium fraud. As a result of our investigations, the department declares overpayments, identifies actuarial savings, disallows claims, pursues prosecutions and recovers dollars — all of which directly impact the effectiveness BWC experiences in decreasing premium costs.

One-hour sessions  
Start time **8 a.m. continued**

- **Engaging Millennials in Safety<sup>A</sup>**  
*Nicholas Coia, Ohio BWC*  
The millennial generation has a different approach to communications, learning and retention of information than other generations. To help protect these workers we need to address how best to train, educate and re-enforce safety principles for them. During the presentation we will examine how Millennials think about safety and what drives these individuals to act. Next we will identify practices that can be employed in the workplace to support and reinforce safety practices while meeting the needs of other generations.
- **NFPA-70E Arc Flash Safety<sup>A</sup>**  
*Brian Hall, BCH Consulting*  
Electricity is a serious workplace hazard, capable of causing both employee injury and severe equipment damage. Learning how to reduce the risk of arc flash and arc blast hazards that can cause equipment damage, loss of employee time and worst case scenario, loss of life is certainly a priority. If work in your organization requires employees to install, inspect, operate, or maintain live electrical equipment — or work near such equipment then this is a must attend session.
- **Strategies to Minimize the Impact an Injury Has on Your Company**  
*Lorrie Goodnight/John Wilton, Ohio BWC*  
This session will provide an overview of the financial impact a claim can have on your rates. The presenters will explain what an employer needs to know and what to do when claims are filed. They will share policies/procedures an employer should have in place before an accident occurs and the steps that should be taken after an injury occurs. This will allow employer to implement effective strategies to minimize the financial impact of the claim.
- **Ohio Distracted Driving Law<sup>A</sup>**  
*Slt. Marvin Hill, Ohio State Patrol*  
Staff Lt. Hill will share a heartfelt story on how distracted driving can forever change many lives. Lt. Hill will also educate the attendees on Ohio Law Texting & Driving ORC 4511.204 & Move Over Law 4511.213

One-hour sessions  
Start time **9:15 a.m.**

- **Part 2: What Employers Should Know About Drug Testing<sup>A</sup>**  
*Ruth Bowdish, On Demand Drug Testing*  
What does a decrease in positive drug screens mean? Does your current panel screen for what you need to know? Discuss the newest information regarding drug-testing and ask questions about pre-employment, random, and reasonable-cause drug screening.
- **Part 2: Workplace Safety – Prevention, De-escalation, and Response to an Active Shooter<sup>A</sup>**  
*Scott Weamer, Comprehensive Personal Defense, LLC*  
This is part two of a three-part program designed to increase your chances of surviving an active shooter or violent intruder. Topics discussed include: 1) Routine Activities Theory, 2) the concept of target hardening, and 3) strategies to increase physical security of a building.
- **Safe Crane Operation Part I<sup>A</sup>**  
*Al Abel, Mazzella Lifting Technologies*  
In this Session all participants will PLAN A LIFT from start to finish. The "take away" will be a Lift Plan. Everyone is a "crane operator" and "rigger" in this session...in keeping with the ASME B 30 standards.
- **How to Select, Use and Care for FR Clothing<sup>A</sup>**  
*Derek Sang, VF Imagewear*  
The proper selection of PPE is very important.

One-hour sessions  
Start time **9:15 a.m. continued**

- **Permit Required Confined Space Safety - Pt. 1<sup>A</sup>**  
*Vic Rossi, Job Safety First LLC*  
This class will cover recognizing several dangers of working in confined spaces and how to prepare for safe entry and exit. Nearly half the people killed in a confined space are would-be rescuers. Never take an entry lightly! Your life and the lives of your co-workers depend on proper awareness and training!
- **Emergency Preparedness Planning<sup>A</sup>**  
*Tracy Lingafelter, Ohio BWC*  
Attendees will learn how to prepare for workplace emergencies and the basic compliance requirements. The instructor will also review the principles for developing and maintaining an effective program..
- **PERRP Update<sup>A</sup>**  
*Glenn Mcginley, Ohio BWC - PERRP*  
PERRP provides compliance assistance and enforcement inspections for Ohio public employers. Learn more about PERRP and 2017 changes to public sector statutes and rules. The session will cover frequently cited standards, new inspection procedures and a new Safety Partnership Agreement program.
- **What Happens When Your Employee Sustains a Shoulder Injury at Work? A Panel Discussion**  
*Cheryl Altizer, Comp One, Michael Chichak MD, Hometown Urgent Care, David Denton, PT, NovaCare*  
Hear from the physician of record, the physical therapist, and the managed care organization (MCO) on the process from the date of injury to discharge from medical care.

One-hour sessions  
Start time **10:30 a.m.**

- **Positive Drug Tests in Turbulent Times: How to Respond?<sup>A</sup>**  
*Allison Sharer, Working Partners Systems Inc.*  
For many employers, finding drug-free workers is tough. So what if a current employee tests positive? Does it make more business sense to cut losses and terminate or offer a second chance? Does treatment even work? In this session, employers will learn about considerations in writing a second-chance policy, and the three elements of an effective second-chance system that can benefit both the employer and the employee.
- **Part 3: Workplace Safety – Prevention, De-escalation, and Response to an Active Shooter<sup>A</sup>**  
*Scott Weamer, Comprehensive Personal Defense, LLC*  
This is part three of a three-part program designed to increase your chances of surviving an active shooter or violent intruder. The concepts of evacuation, barricading, and countermeasures will be explained, with an emphasis on how to apply them to your work setting. The importance of target hardening will be expanded upon. The importance of time, noise, distance, movement and distraction will be explained in detail.
- **Practical Health & Wellness Programs for Small Employers on a Budget<sup>A</sup>**  
*Peter Young, BEGIN Services - A Paramount Preferred Solutions Company*  
Small employers need a healthy workforce to help their organizations grow and thrive. But, healthcare is often one of the most costly employee benefits. This session will address how small employers can manage the real challenges that the lack of budgets, time, and resources present if they want to maintain great benefits and help employees achieve better health.

## Course listing (Select one per time-slot.)

One-hour sessions  
Start time 10:30 a.m. continued

- **Crane Operation and Rigging Part II<sup>A</sup>**  
*Al Abel, Mazzella Lifting Technologies*  
Proper Care – Use – Inspection – of Rigging Gear and Hardware is the Goal of this Session. Everyone will be a “rigger” ...and be responsible for INSPECTION of the tools needed to lift that load. The ASME B 30. will be our criteria.
- **Permit Required Confined Space Safety Pt. 2<sup>A</sup>**  
*Vic Rossi, Job Safety First LLC*  
This class will cover recognizing several dangers of working in confined spaces and how to prepare for safe entry and exit. Nearly half the people killed in a confined space are would-be rescuers. Never take an entry lightly! Your life and the lives of your co-workers depend on proper awareness and training!
- **Preparing for the Aging Workplace - A Panel Discussion<sup>A</sup>**  
*Thomas J. Stefanik, Lewis Brisbois, Cheryl Altizer, CompOne MCO, and Shanna Dunbar, Workplace Health Inc.*  
Thomas J. Stefanik will address some legal issues with the ADEA, the ADA and workers' compensation regarding the aging worker. Cheryl Altizer will discuss utilization of Post-Offer Essential Function testing so not to hire your next workers' compensation claim. Shanna Dunbar will present the contrasting view from aging and decline vs aging and gaining wisdom, and the value of the total worker health approach, integrating well-being and safety.
- **OSHA Recordkeeping<sup>A</sup>**  
*Jeff Dymond, Ohio BWC*  
This is not the ordinary OSHA recordkeeping class. We will cover the most common mistakes made in recordkeeping. Some of the areas covered are, recordkeeping form errors, when is an injury recordable, calculations, full documentation and the electronic data submission requirement deadlines. The goal of this class is to clear up some of the confusion and give you the tools to have compliant recordkeeping logs.
- **Risk Management for Public Employers –Trying to Promote Safety in a Political Environment<sup>A</sup>**  
*Cathy Jones, Mahoning County*  
Risk and safety managers have many hurdles when it comes to working in the public sector. Lack of funds, collective bargaining, shortage of personnel and politics can all affect your public safety program. This session will address the many challenges of safety in the public sector and how risk managers can stay motivated and get safety into the conversation.

Lunch and exhibit visit time  
11:30 am to 12:30 pm

One-hour sessions  
Start time 12:30 p.m.

- **Hiring or Retaining Employees in Recovery: The Mahoning Valley Partnership for Employment** *Jeffrey Magada, Flying HIGH Inc.*  
Do you need to hire someone who can pass a drug test? Or maybe retain a valued employee who has completed treatment for substance abuse? This program will explore resources available to employers and potential employees to maintain sobriety and increase employable skills.
- **Financial Wellness**  
*Earline Stiltner, Primerica*  
Part 1: One in four employees are in serious financial distress and 80 percent of them spend 12-20 work hours / month worrying about their finances. This costs your company an estimated \$7,000 per employee a year due to lack of production. Will also review the new D.O.L Rulings. The Financial Wellness Workshop enhances employer/employee relationships, helps with employee retention and loyalty and develops a bridge between management and employees.

- **OSHA Update<sup>A</sup>**  
*Howie Eberts/Julie Weis, OSHA - Cleveland*  
This presentation will describe what you should know about OSHA for fiscal year 2018 and beyond—regulatory changes, an update on new standards, frequently cited standards, record-keeping changes, how fines and citations are handled, the importance of comprehensive safety and health management systems, and specific industry changes.

- **Conducting Safety Inspections in the Workplace - Part.1<sup>A</sup>**  
*Brian Zachetti, Ohio BWC*  
This two-part interactive workshop provides an overview of safety & health inspection process then examines the identification of common hazards in general industry settings.

- **RTW Strategies for Small-to-Mid-Sized Employers**  
*John Pullman, Paramount Preferred Solutions*  
Attendees will learn about a variety of opportunities to support an injured employee's return to work efforts while minimizing the employer's exposure to increased workers' compensation claims costs.

- **Excavation Safety<sup>A</sup>**  
*Monica Rakoczy, RETTEW*  
Do you have workers in trenches? Do you know what the safety risks are, and what depths at which collapses are most likely to occur? This session will overview trench safety, including case studies with discussions of causation. Shoring, shielding, sloping, and benching will be presented, focusing on how to include each for always achieving safe work in trench situations. Audience members will learn where the breakdown in trench safety can happen, as well as leave with specific, practical approaches to completing the work safely. The presenter will examine different safe-work systems, covering the strengths and weaknesses of each, as well as their best applications.

- **Utilizing Tailored Video Job Descriptions for Safety, Training, Hiring and Claims Management<sup>A</sup>**  
*Jim Anderson, Infoquest, Ltd.*  
This presentation will educate on proper safety techniques to reduce injuries and lost-time claims, better training for production and waste reduction and for attracting the right candidates for more successful hiring and onboarding.

One-hour sessions  
Start time 1:45 p.m.

- **Part 5: Impact of Drugs in the Workplace<sup>A</sup>**  
*Dyann McDowell, Training Marbles*  
Do you have questions about the new legislation in Ohio regarding legalization of medical marijuana? In this session, hear an update on the current timelines and the impact on your business.

- **Financial Wellness**  
*Earline Stiltner, Primerica*  
Part 2: One in four employees are in serious financial distress and 80 percent of them spend 12-20 work hours / month worrying about their finances. This costs your company an estimated \$7,000 per employee a year due to lack of production. Will also review the new D.O.L Rulings. The Financial Wellness Workshop enhances employer/employee relationships, helps with employee retention and loyalty and develops a bridge between management and employees.

- **Conducting Safety Inspections in the Workplace - Part 2**  
*Brian Zachetti, Ohio BWC*  
This is a follow-up interactive workshop to Conducting Safety Inspections that further examines the identification of more obscure hazards in general industry settings.

- **Traveling Outside Ohio? Learn About BWC's Other States Coverage Offering**  
*Christine Williams, Ohio BWC*  
Do you send employees outside Ohio to work? Do you wonder if you have adequate workers' compensation coverage for them? If so, you will want to attend this session and learn about BWC's Other States Coverage option.

- **Safety Intervention Grant Program<sup>A</sup>**  
*Brenda Smith, Ohio BWC*  
If you are an employer wanting to buy equipment to improve workplace safety, you have a partner in BWC. Our Safety Intervention Grant Program (SIG) provides financial assistance to help you achieve your safety goals. We developed several SIG types to help Ohio's employers reduce the frequency and severity of workplace injuries and illnesses. This session will discuss the different SIG types including the new Firefighter Exposure to Environmental Elements Grant (FEEEG) Program and Employers Working with Persons with Developmental Disabilities (EWPDD) Grant Program.

- **Operator Safety: The How's and Why of an Effective Forklift Training Program<sup>A</sup>**  
*Chuck McConnell, Tow Lift*  
Forklift accidents can cause serious injury to employees and expensive damage to company property. Before any employees operate a forklift, OSHA requires they complete an approved forklift operator training course. Learn how to develop a good operator training program.

Half day session  
Start time 8 a.m.

- **OCOSH - Advanced Rate Making\***  
*Christine Williams, Ohio BWC*  
In this half-day training session the participants will be able identify the elements of ratemaking data used to make sound financial investments in Safety, Claims, and Risk Management strategies and how various situations impact those rates.

Half day session  
Start time 12:30 p.m.

- **OCOSH - Thermal Stress Class\*\*<sup>A</sup>**  
*Rich Gaul, Ohio BWC*  
In this 1/2 day training session you will learn: Signs and symptoms of temperature-related illnesses; Types of temperature-related illnesses; Methods of prevention. After this course, you will be able to: Define temperature-related illnesses; Identify risk factors related to the development of temperature-related illnesses; Discuss measures to prevent temperature-related illnesses.

All day sessions  
Start time 8 a.m.

- **OCOSH - Safety for the Non-Safety Professional\*\*<sup>A</sup>**  
*Sarah Ghezzi, Ohio BWC*  
In this all-day training session attendees will learn about the principles needed to develop a proactive safety culture, an introduction to Federal OSHA, State of Ohio safety requirements, and OSHA compliance for major safety programs (general industry and construction) including written program requirements, training and identification and control of physical safety hazards.
- **OCOSH - Effective Safety Teams\*\*<sup>A</sup>**  
*Tom Kelly, Ohio BWC*  
Who should attend this all-day training session? Company owners, managers and supervisors, safety and health managers, safety consultants, labor leaders and individuals who are responsible for ensuring the success to develop or facilitate safety teams.