

MCCTC May Breakfast Menu

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1. Mini Pancakes or Assorted Whole Grain Cereal with Toast Chilled Juice and Fruit Low Fat Milk	2. Mini Strawberry Bagels or Assorted Whole Grain Cereal with Toast Chilled Juice and Fruit Low Fat Milk	3. Apple Frudel or Assorted Whole Grain Cereal with Toast Chilled Juice and Fruit Low Fat Milk	4. <u>Student Favorite</u> Bacon Egg & Cheese Sandwich or Assorted Whole Grain Cereal with Toast Chilled Juice and Fruit Low Fat Milk	5. French Toast Friday with Toppings or Assorted Whole Grain Cereal with Toast Chilled Juice and Fruit Low Fat Milk
8. Blueberry Waffles or Assorted Whole Grain Cereal with Toast Chilled Juice and Fruit Low Fat Milk	9. Cinnamon Roll or or Assorted Whole Grain Cereal with Toast Chilled Juice and Fruit Low Fat Milk	10. Breakfast Pizza Or Assorted Whole Grain Cereal with Toast Chilled Juice and Fruit Low Fat Milk	11. Sausage Egg & Cheese Croissant or Assorted Whole Grain Cereal with Toast Chilled Juice and Fruit Low Fat Milk	12. Chocolate Chip Pancakes or Assorted Whole Grain Cereal with Toast Chilled Juice and Fruit Low Fat Milk
15. Cherry Frudel Or Assorted Whole Grain Cereal with Toast Chilled Juice and Fruit Low Fat Milk	16. Bacon Egg & Cheese English Muffin Or Assorted Whole Grain Cereal with Toast Chilled Juice and Fruit Low Fat Milk	17. Mini Pancakes or Assorted Whole Grain Cereal with Toast Chilled Juice and Fruit Low Fat Milk	18. Sausage Gravy Over Biscuit or Assorted Whole Grain Cereal with Toast Chilled Juice and Fruit Low Fat Milk	19. Breakfast Bowl or Assorted Whole Grain Cereal with Toast Chilled Juice and Fruit Low Fat Milk
22. Pancake on a Stick or Assorted Whole Grain Cereal with Toast Chilled Juice and Fruit Low Fat Milk	23. <u>Student Favorite</u> Ham Egg & Cheese Omelet with Hash brown or Assorted Whole Grain Cereal with Toast Chilled Juice and Fruit Low Fat Milk	24. French Toast Sticks with Sausage or Assorted Whole Grain Cereal with Toast Chilled Juice and Fruit Low Fat Milk	25. Breakfast Pizza or Assorted Whole Grain Cereal with Toast Chilled Juice and Fruit Low Fat Milk	26. Cooks Choice or Assorted Whole Grain Cereal with Toast Chilled Juice and Fruit Low Fat Milk <u>Last day of school</u>
Have a great summer! 				

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Alternate Options May Include:

- Cereal Bars
- Cereal
- Yogurt & Toast with Peanut Butter
- Hot Assorted Grab and Go Breakfast Items Offered Daily

Variety of Fresh Fruit, 100% Fruit Juice and Canned Fruits available daily.



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
Fat Free White and Low Fat White

**Proud to manage your
food service program**



**Meal Prices:
Paid \$1.50
Reduced \$.30**

This Institution is an equal opportunity provider.

MENUS SUBJECT TO CHANGE